



Illness Guidelines - When to Keep Your Child Home

First Baptist School follows guidance from leading health organizations (i.e. Centers for Disease Control and Prevention, Minnesota Department of Health, American Academy of Pediatrics) to reduce the spread of communicable disease.

When unsure if your child should attend school, consult with a healthcare provider or contact your school nurse.

Children should stay home from school for the following reasons:

- **Fever of 100.4 or higher** - can return when fever free for 20 hours without fever reducing medication.
- **Strep throat** - can return after 12 hours of antibiotics and fever free for 20 hours without fever reducing medication.
- **Vomiting or diarrhea** (without a known reason) can return 20 hours after last episode.
- **Rash** (without a known reason) with behavior change or fever of 100.4 or greater.
- **Excessive coughing** that persists and makes it difficult to participate in school.
- **Not healthy enough to participate** in routine school activities.

If a child becomes ill at school and needs to go home:

- The school nurse or school secretary will call guardians listed on the child's emergency contact card. *Please update your contact information as needed, including emergency contacts.*
 - Students who are ill need to be picked up as soon as possible to prevent the spread of illness.
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Guidance on other common health issues:

- **Pink eye guidance** (conjunctivitis)
 - There is **no exclusion for pink eye** unless the child has a fever of 100.4 or higher and/or is not healthy enough to participate in school activities (consult a health care provider for eye pain or reduced/blurry vision/recent eye trauma).
 - **Head lice guidance** (pediculus humanus capitis)
 - There are no notifications sent home or exclusions from school for head lice.
 - Head lice is a common occurrence, is not related to personal cleanliness and has not been shown to spread at school.
 - Parents/guardians are encouraged to regularly monitor for lice.
 - If live lice are found at school, resources for treatment will be shared with parents/guardians.
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First Baptist School

Rosemount, Minnesota

Establish healthy habits early to ensure your child's success:

- Instilling healthy habits and routines (adequate sleep/nutrition) and consistent attendance ensures a student's success in school. We know that too many absences/tardies, for whatever reason, can cause children to fall behind both academically and socially.
 - To help ensure healthy habits consult with your health care provider regarding well-visits and [immunizations](#), as well as maintain good hygiene.
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