

Self-Screening Health Questionnaire

Please consider using this self-screening questionnaire each day before sending your children to school. Parents or guardians who drive or walk their children to school may be subject to temperature checks and asked to answer COVID-19 screening questions like those below.

A. Please stay home if you answer “yes” to any ONE of the following:

- Have you experienced any new gastrointestinal symptoms such as nausea, vomiting, diarrhea, or loss of appetite in the last 36-48 hours?
- Have you, or anyone you have been in close contact with, been diagnosed with COVID-19 or placed in quarantine for possible exposure to COVID-19 within the last two weeks?
- Have you been asked to self-isolate or quarantine by a medical professional or a local public health official in the last two weeks?
- Do you have a fever (temperature over 100.4° F or 38° C) without having taken any fever-reducing medications?

B. Please stay home if you answer “yes” to any TWO of the following:

- Do you have a loss of smell or taste?
- Do you have a cough?
- Do you have muscle aches?
- Do you have a sore throat?
- Do you have congestion or a runny nose?
- Do you have shortness of breath?
- Do you have chills?
- Do you have a headache?

C. Depending on circumstances you may choose to stay home if you answer “yes” to any ONE of the following:

- Do you have a loss of smell or taste?
- Do you have a cough?
- Do you have muscle aches?
- Do you have a sore throat?
- Do you have congestion or a runny nose?
- Do you have shortness of breath?
- Do you have chills?
- Do you have a headache?

If you stay home because you answered “yes” to **Section A.**; please stay home for 14-days, take your temperature twice a day and watch for symptoms of COVID-19. If you develop additional symptoms contact your healthcare provider. If you stay home because you answered “yes” to **Section B.**; please stay home for 48-hours and re-screen yourself prior to returning to school. If you stay home because you answered “yes” to **Section C.**; please stay home for 24-48 hours and re-screen yourself prior to returning to school.